

## 2. OPERATORS AND FORMS

Let  $H$  be a complex Hilbert space with scalar product  $\langle \cdot, \cdot \rangle$ .

### 2.a. Selfadjoint operators defined from forms.

**2.1. Definition.** A *quadratic form* on  $H$  is a sesquilinear map

$$q : Q(q) \times Q(q) \rightarrow \mathbb{C}$$

where  $Q(q)$  is a dense subspace of  $H$ , called the *form domain*.

We call  $q$

- *symmetric*, if  $q(u, v) = \overline{q(v, u)}$ ,
- *positive*, if  $q(u, u) \geq 0$  and
- *semibounded*, if  $q(u, u) \geq -c\|u\|^2$  for some  $c \geq 0$ .
- *closed*, if it is semibounded and  $Q(q)$  is closed under the norm

$$\|u\|_{+1} = (q(u, u) + (c + 1)\|u\|^2)^{1/2}.$$

A semibounded form is necessarily symmetric by the polarization identity.

**2.2. Lemma.** (a) *The norm  $\|\cdot\|_{+1}$  is induced by the scalar product*

$$(u, v)_{+1} = q(u, v) + (c + 1)\langle u, v \rangle.$$

(b) *The following are equivalent for a semibounded form:*

- (i)  $q$  is closed
- (ii) *If  $(u_k)$  is a sequence in  $Q(q)$  with  $u_k \rightarrow u$  in  $H$  for some  $u$  and  $q(u_l - u_k, u_l - u_k) \rightarrow 0$  as  $k, l \rightarrow \infty$ , then  $u \in Q(q)$  and  $q(u - u_k, u - u_k) \rightarrow 0$ .*

*Proof.* (a) Obvious.

(b) The condition (ii) rephrases the fact that a Cauchy sequence with respect to  $\|\cdot\|_{+1}$  has a limit in  $Q(q)$ . □

**2.3. Definition.** A subset  $\mathcal{D}$  of  $Q(q)$  which is dense with respect to the  $\|\cdot\|_{+1}$ -norm is called a *form core*.

The following is the central theorem of this section:

**2.4. Theorem.** *If  $q$  is a closed semibounded form, then there exists a unique selfadjoint (unbounded) operator  $A$  such that*

$$q(u, v) = \langle Au, v \rangle, \quad u, v \in \mathcal{D}(A).$$

*Proof.* Step 1: General considerations. Without loss of generality assume  $q$  is positive, i.e.  $c = 0$ . Being semibounded,  $q$  is symmetric. The fact that  $q$  is closed then implies that  $H_{+1} = Q(q)$  is a Hilbert space with respect to the scalar product

$$(\cdot, \cdot)_{+1} = \langle u, v \rangle + q(u, v).$$

Denote by  $H_{-1}$  the space of all bounded conjugate-linear maps  $H_{+1} \rightarrow \mathbb{C}$ . By Riesz' representation theorem we have an isometric isomorphism

$$J : H_{+1} \rightarrow H_{-1} \text{ via } (Ju)v = (u, v)_{+1}.$$

The map  $j : u \mapsto \langle u, \cdot \rangle$  defines an embedding  $H \hookrightarrow H_{-1}$ : In fact,

$$|j(u)(v)| = |\langle u, v \rangle| \leq \|u\|\|v\| \leq \|u\|\|v\|_{+1}.$$

Since we have the natural injection  $H_{+1} \hookrightarrow H$  we obtain the triple

$$H_{+1} \xrightarrow{\text{id}} H \xrightarrow{j} H_{-1}.$$

*Step 2: Definition of the auxiliary operator  $A_1$ .* We let

$$\mathcal{D}(A_1) = \{u \in H_{+1} : \exists v \in H \text{ with } Ju = jv \in \text{ran } j\} = J^{-1}(\text{ran } j).$$

and define the action of  $A_1$  by  $A_1u = v$ , i.e.  $A_1 = j^{-1}J$ . This makes sense in view of the injectivity of  $j$ .

More explicitly: By definition  $(ju)(v) = \langle u, v \rangle$ , or  $U(v) = \langle j^{-1}U, v \rangle$  for  $U \in \text{ran } j$ ,  $v \in H_{+1}$ . This implies that

$$\langle A_1u, v \rangle = \langle j^{-1}Ju, v \rangle = (Ju)(v) = (u, v)_{+1}, \quad u \in \mathcal{D}(A_1), v \in H_{+1}.$$

*Step 3: Density of the domain.* Let us first check that the range of  $j$  is dense in  $H_{-1}$ . Suppose it were not. Then the isometric isomorphism  $J : H_{+1} \rightarrow H_{-1}$  together with Riesz' theorem shows that there exists a vector  $0 \neq v \in H_{+1}$  such that

$$(J^{-1}j(u), v) = 0, u \in H.$$

By definition of  $J$  and  $j$ , we then obtain the contradiction  $v = 0$ , since

$$0 = (J^{-1}j(u), v)_{+1} = j(u)(v) = \langle u, v \rangle, u \in H.$$

Hence  $\text{ran } j$  is dense in  $H_{-1}$ . Since  $J$  is an isometry,  $\mathcal{D}(A)$  is dense in  $H_{+1}$ . Now the fact that  $H_{+1} = Q(q)$  is dense in  $H$  by assumption and  $\|\cdot\| \leq \|\cdot\|_{H_{+1}}$  implies that  $\mathcal{D}(A)$  is dense in  $H$ .

*Step 4: Symmetry.* Let  $u, v \in \mathcal{D}(A_1)$ . By definition,

$$\begin{aligned} \langle A_1u, v \rangle &= (u, v)_{+1} = \langle u, v \rangle + q(u, v) = \overline{\langle v, u \rangle + q(v, u)} \\ &= \overline{\langle A_1v, u \rangle} = \langle u, A_1v \rangle. \end{aligned}$$

*Step 5: Selfadjointness.* Let  $C = J^{-1}j$ . By definition,  $C$  maps  $H$  to  $\mathcal{D}(A_1) = J^{-1}j(H)$  and satisfies  $A_1C = I_H$ ,  $CA_1 = I_{\mathcal{D}(A_1)}$ , i.e.  $A_1$  is the algebraic inverse of  $C : H \rightarrow \mathcal{D}(A_1)$ . For  $u, v \in H$ , the symmetry of  $A_1$  implies that

$$\langle Cu, v \rangle = \langle Cu, A_1Cv \rangle = \langle A_1Cu, Cv \rangle = \langle u, Cv \rangle.$$

The theorem of Hellinger and Toeplitz then implies that  $C$  is bounded and selfadjoint.

In order to determine the domain of  $A_1^*$ , we make two observations. The first is that  $V\mathcal{G}(A_1) = \mathcal{G}(-C)$ , the second that, as a consequence of the selfadjointness of  $C$ ,  $\mathcal{G}(C) = V(\mathcal{G}(C))^\perp$ . We therefore find that

$$\mathcal{G}(A_1^*) = V(\mathcal{G}(A_1))^\perp = \mathcal{G}(-C)^\perp = V(\mathcal{G}(-C)) = \mathcal{G}(A_1).$$

Therefore  $A_1$  is selfadjoint.

*Step 6: Conclusion.* We let  $A = A_1 - I$  with domain  $\mathcal{D}(A) = \mathcal{D}(A_1)$ . Then  $A$  is also selfadjoint and

$$\langle Au, v \rangle = \langle A_1u, v \rangle - \langle u, v \rangle = (u, v)_{+1} - \langle u, v \rangle = q(u, v),$$

so that  $A$  is the operator associated with the form  $q$ . □

The following example shows that closedness is crucial.

**2.5. Example.** Let  $H = L^2(\mathbb{R})$  and let  $q$  be the form

$$q(u, v) = u(0)\overline{v(0)}$$

with domain  $Q(q) = C_c^\infty(\mathbb{R})$ . This is a positive form, but there is no unbounded densely defined operator  $A$  on  $L^2(\mathbb{R})$  such that

$$\langle Au, v \rangle = u(0)\overline{v(0)}.$$

In fact, suppose this were the case. Choose  $u \in C_c^\infty(\mathbb{R})$  with  $u(0) = 1$ . Then we find a sequence  $(v_k)$  in  $C_c^\infty(\mathbb{R})$  with  $v_k(0) = 1$  and  $v_k \rightarrow 0$  in  $L^2(\mathbb{R})$ . This furnishes the contradiction

$$1 = u(0)\overline{v_n(0)} \stackrel{?}{=} \langle Au, v_n \rangle \rightarrow 0.$$

## 2.b. Weak derivatives and Sobolev spaces.

**2.6. Definition.** Let  $\Omega$  be an open subset of  $\mathbb{R}^n$ .

(a) Given  $u, v \in L_{loc}^1(\Omega)$  and a multi-index  $\alpha$ , we say that  $v = \partial^\alpha u$ , if

$$\int_{\Omega} u \partial^\alpha \varphi \, dx = (-1)^{|\alpha|} \int_{\Omega} v \varphi \, dx, \quad \varphi \in C_c^\infty(\Omega).$$

(b) For  $k \in \mathbb{N}$  and  $1 \leq p \leq \infty$ , we define the Sobolev space

$$W^{k,p}(\Omega) = \{u \in L^p(\Omega) : \partial^\alpha u \in L^p \text{ for all } |\alpha| \leq k\}.$$

If  $p = 2$ , one often omits the superscript  $p$ . We define a norm on  $W^{k,p}(\Omega)$  by

$$\|u\|_{k,p} = \sum_{|\alpha| \leq k} \|\partial^\alpha u\|_p \text{ or, for } p = 2 : \|u\|_{k,2} = \left( \sum_{|\alpha| \leq k} \|\partial^\alpha u\|_2^2 \right)^{1/2}.$$

(c)  $W_0^{k,p}(\Omega)$  denotes the closure of  $C_c^\infty(\Omega)$  in the topology of  $W^{k,p}(\Omega)$ .

**2.7. Theorem.**  $W^{k,p}(\Omega)$  is a Banach space for  $1 \leq p \leq \infty$  and a Hilbert space for  $p = 2$ . As a closed subspace,  $W_0^{1,p}(\Omega)$  then also is a Hilbert space.

*Proof.* It remains to check completeness. Suppose that  $(u_k)$  is a Cauchy sequence in  $W^{k,p}$ . Writing  $u_k^\alpha = \partial^\alpha u_k$ , this implies that  $(u_k^\alpha)$  are Cauchy sequences in  $L^p(\Omega)$ . In view of the completeness of  $L^p$ , these sequences have limits  $u^\alpha$ . We have to show that  $\partial^\alpha u = u^\alpha$  (write  $u^0 = u$ ) as this will imply that  $u \in W^{k,p}$ . To this end choose  $\varphi \in C_c^\infty(\Omega)$ . Then

$$\int_{\Omega} u \partial^\alpha \varphi \, dx = \lim_{k \rightarrow \infty} \int_{\Omega} u_k \partial^\alpha \varphi \, dx = \lim_{k \rightarrow \infty} (-1)^\alpha \int_{\Omega} u_k^\alpha \varphi \, dx = (-1)^\alpha \int_{\Omega} u^\alpha \varphi \, dx,$$

which is the assertion.  $\square$

**2.8. Theorem.** For  $1 \leq p < \infty$  and  $\Omega$  bounded, the embedding  $W_0^{1,p}(\Omega) \hookrightarrow L^p(\Omega)$  is compact.

*Proof.* See Evans, [2, §5.7, Theorem 1 and Remark on p.274].  $\square$

**2.9. Theorem. (Poincaré inequality, version 1)** Let  $\Omega$  be a bounded domain in  $\mathbb{R}^n$  (it is actually sufficient that  $\Omega$  is bounded in one direction). Then there exists a constant  $C = C(\Omega, p) \geq 0$  such that

$$\|u\|_{L^p} \leq C \|\nabla u\|_{L^p}, \quad u \in W_0^{1,p}(\Omega).$$

*Proof.* Let  $\Omega \subseteq \{|x_1| \leq R\}$ . Integration by parts yields for  $\varphi \in C_c^\infty(\Omega)$ :

$$\begin{aligned} \|\varphi\|_{L^p}^p &= \int_{\Omega} |\varphi(x)|^p \mathbf{1} \, dx = - \int_{\Omega} \partial_{x_1} (|\varphi(x)|^p) x_1 \, dx \\ (1) \quad &\leq pR \int_{\Omega} |\partial_{x_1} \varphi(x)| |\varphi(x)|^{p-1} \, dx \leq pR \|\partial_{x_1} \varphi(x)\|_{L^p} \|\varphi(x)\|_{L^{p'}}^{p-1} \end{aligned}$$

Since  $p' = p/(p-1)$

$$\|\varphi(x)\|_{L^{p'}}^{p-1} = \left( \int_{\Omega} |\varphi(x)|^{(p-1)\frac{p}{p-1}} \right)^{(p-1)/p} = \|\varphi\|_{L^p}^{p-1}.$$

We thus obtain from (1)

$$\|\varphi\|_p \leq pR \|\partial_{x_1}\varphi\|_{L^p} \leq pR \|\nabla\varphi\|_{L^p}.$$

Since  $C_c^\infty(\Omega)$  is dense in  $W_0^{1,p}(\Omega)$  by assumption, the assertion follows.  $\square$

**2.10. Theorem. (Poincaré inequality, version 2)** *Let  $\Omega$  be a bounded domain in  $\mathbb{R}^n$  with  $C^1$  boundary,  $1 \leq p \leq \infty$ . Then there exists a constant  $C = C(\Omega, p) \geq 0$  such that*

$$\|u - u_\Omega\|_{L^p} \leq C \|\nabla u\|_{L^p}, \quad u \in W^{1,p}(\Omega),$$

where

$$u_\Omega = \frac{1}{\text{vol}\Omega} \int_\Omega u \, dx$$

is the average of  $u$  over  $\Omega$ .

*Proof.* See Evans, [2, §5.8, Theorem 1].  $\square$

**2.c. The Dirichlet and Neumann problems.** The Dirichlet problem is to find, for given  $f \in L^2(\Omega)$ , a solution to the problem

$$(1) \quad \Delta u = f \text{ in } \Omega, \quad u = 0 \text{ on } \partial\Omega.$$

One also studies the Neumann problem, which requires to find, for given  $f \in L^2(\Omega)$ , a solution to the problem

$$(2) \quad \Delta u = f \text{ in } \Omega, \quad \partial_\nu u = 0 \text{ on } \partial\Omega,$$

where  $\nu$  is the exterior unit normal vector.

In these formulations, both problems require some regularity of the boundary. There is a way to circumvent this, namely the concept of weak solutions.

We call  $u \in W_0^{1,2}(\Omega)$  a weak solution of the Dirichlet problem (1), provided that

$$(3) \quad \int_\Omega \langle \nabla u, \nabla v \rangle_{\mathbb{C}^n} \, dx = - \int_\Omega f \bar{v} \, dx, \quad v \in W_0^{1,2}(\Omega).$$

Similarly,  $u \in W^{1,2}(\Omega)$  is a weak solution of the Neumann problem (2), if

$$(4) \quad \int_\Omega \langle \nabla u, \nabla v \rangle_{\mathbb{C}^n} \, dx = - \int_\Omega f \bar{v} \, dx, \quad v \in W^{1,2}(\Omega).$$

In the language of forms, we can define

$$\begin{aligned} q_D(u, v) &= \int_\Omega \langle \nabla u, \nabla v \rangle_{\mathbb{C}^n} \, dx, & Q(q_D) &= W_0^{1,2}(\Omega) \\ q_N(u, v) &= \int_\Omega \langle \nabla u, \nabla v \rangle_{\mathbb{C}^n} \, dx, & Q(q_N) &= W^{1,2}(\Omega). \end{aligned}$$

In fact, we have the same form with two different domains. The forms  $q_D$  and  $q_N$  are symmetric and positive. Since  $(u, u)_{+1} = \|u\|_{W^{1,2}}$  and both  $W_0^{1,2}(\Omega)$  and  $W^{1,2}(\Omega)$  are complete with respect to the associated norm, Theorem 2.4 applies. It furnishes two unbounded selfadjoint operators, namely  $-\Delta_D$  and  $-\Delta_N$ , the Dirichlet and the Neumann Laplacian.

We can determine the domain of  $-\Delta_D$  further:

**2.11. Theorem.**  $\mathcal{D}(-\Delta_D) = W_0^{1,2}(\Omega) \cap \{u \in L^2(\Omega) : \Delta u \in L^2(\Omega)\}$ . This is  $W_0^{1,2}(\Omega) \cap W^{2,2}(\Omega)$ , if  $\partial\Omega$  is  $C^2$ -regular.<sup>1</sup>

<sup>1</sup> $C^{1,1}$  suffices, see Grisvard [4, Theorem 2.2.2.3].

*Proof.* By the construction in Theorem 2.4 the domain of  $\Delta_D$  consists of those  $u \in Q(q_D) = W_0^{1,2}(\Omega)$ , for which  $Ju = jv$  for some  $v \in H = L^2(\Omega)$ . Explicitly this requires that

$$\int_{\Omega} \langle \nabla u, \nabla \varphi \rangle_{\mathbb{C}^n} dx + \int_{\Omega} u \bar{\varphi} dx = \int_{\Omega} v \bar{\varphi} dx, \quad \varphi \in H_{+1} = W_0^{1,2}(\Omega).$$

This shows that the divergence of  $\nabla u$  exists and equals  $u - v \in L^2$ , hence  $\Delta u = \operatorname{div} \nabla u \in L^2(\Omega)$ . If the boundary is  $C^2$ , then one can show that  $u \in W^{2,2}(\Omega)$ , see Evans [2, §6.3, Theorem 4]. Conversely, for  $\Delta u \in L^2(\Omega)$  and  $u \in W_0^{1,2}(\Omega)$  the above identity holds, since it is true for  $\varphi \in C_c^\infty(\Omega)$  which is dense in  $W_0^{1,2}(\Omega)$  (apply Green's formula for a smoothly bounded domain in  $\Omega$  containing  $\operatorname{supp} \varphi$ ).  $\square$

**2.12. Remark.** Similarly as in Theorem 2.11, the domain of the Neumann Laplacian consists of all  $u \in Q(q_N) = W^{1,2}(\Omega)$ , for which  $Ju = jv$  for some  $v \in H = L^2(\Omega)$ . Explicitly:

$$\int_{\Omega} \langle \nabla u, \nabla \varphi \rangle_{\mathbb{C}^n} dx + \int_{\Omega} u \bar{\varphi} dx = \int_{\Omega} v \bar{\varphi} dx, \quad \varphi \in H_{+1} = W^{1,2}(\Omega).$$

As before, we conclude that  $\Delta u \in L^2(\Omega)$ , but in this case, the above equality poses an additional restriction that is less obvious: If the boundary is smooth enough, Green's formula reveals that  $\partial_\nu u = 0$ .

If  $\partial\Omega$  is of class  $C^{1,1}$ , then [4, Theorem 2.2.2.5] implies that  $u \in W^{2,2}(\Omega)$ .

**Assumption.** From now on assume that  $\Omega$  is a bounded domain in  $\mathbb{R}^n$ .

**2.13. Remark.** Apart from the boundedness of  $\Omega$  we shall assume in the following theorems that  $\partial\Omega$  satisfies a certain regularity condition. It is sufficient that  $\Omega$  has Lipschitz boundary or, slightly weaker, that it has the uniform cone property with finite cover, see [1, Section 4.4, p. 66]. That guarantees that elements of  $W^{1,2}(\Omega)$  can be extended to elements of the standard Sobolev space  $H^1(\mathbb{R}^n)$ , see Definition 4.4; this is the so-called Calderón extension theorem, see [1, Theorem. 4.32]. As a consequence, the embedding  $W^{1,2}(\Omega) \hookrightarrow L^2(\Omega)$  is compact.

**2.14. Theorem.** *The Dirichlet Laplacian  $-\Delta_D$  is a positive, invertible, selfadjoint operator on  $L^2(\Omega)$ . Its inverse is a compact, positive and selfadjoint operator on  $L^2(\Omega)$ , whose spectrum is a subset of  $\mathbb{R}_+$  with only accumulation point 0. Apart from 0, all spectral values are eigenvalues of finite multiplicity*

*The spectrum of  $-\Delta_D$  therefore consists of a sequence  $0 = \lambda_1 < \lambda_2 < \dots \rightarrow \infty$  of eigenvalues of finite multiplicity.*

*Proof.* By construction,  $-\Delta_D$  is positive and selfadjoint; it satisfies

$$\langle -\Delta_D u, v \rangle = q_D(u, v) = \int_{\Omega} \langle \nabla u, \overline{\nabla v} \rangle dx, \quad u, v \in W_0^{1,2}(\Omega).$$

We note that  $-\Delta_D$  is injective:  $-\Delta_D u = 0$  implies that  $q(u, u) = 0$  and hence, by version 2 of Poincaré's inequality, that  $u = 0$  a.e..

Moreover,  $-\Delta_D$  has closed range: Suppose  $u_k \in W_0^1(\Omega)$  and  $(-\Delta_D u_k)$  is a Cauchy sequence in  $L^2$ . Then Poincaré's inequality implies that

$$\begin{aligned} \|u_k - u_l\|_{L^2}^2 &\leq C \|\nabla(u_k - u_l)\|_{L^2}^2 = C q_D(u_k - u_l, u_k - u_l) = C \langle -\Delta_D(u_k - u_l), u_k - u_l \rangle \\ &\leq C \|\Delta_D(u_k - u_l)\|_{L^2} \|u_k - u_l\|_{L^2}. \end{aligned}$$

Hence  $(u_k)$  also is a Cauchy sequence in  $L^2$ . It has a limit  $u \in L^2$ . Since  $-\Delta_D$  is closed,  $u \in \mathcal{D}(-\Delta_D)$  and  $\lim \Delta_D u_k \rightarrow \Delta_D u$ .

From this follows surjectivity: Suppose,  $-\Delta_D$  were not surjective. As the range is closed, we could find  $0 \neq v \in L^2$  such that  $\langle -\Delta_D u, v \rangle = 0$  for all  $u \in \mathcal{D}(-\Delta_D)$ . This implies that  $v \in$

$\mathcal{D}(-\Delta_D^*) = \mathcal{D}(-\Delta_D)$ . Choosing  $u := v$  we obtain from Poincaré's inequality the contradiction  $0 = \langle -\Delta_D v, v \rangle = q(v, v) \geq \|v\|^2 > 0$ .

So we know that  $-\Delta_D : \mathcal{D}(-\Delta_D) \subseteq L^2 \rightarrow L^2$  is positive, selfadjoint and invertible. Its inverse is a bounded, positive and selfadjoint operator on  $L^2$ .

It is even compact, since its range is  $\mathcal{D}(-\Delta_D) \subseteq W_0^{1,2}(\Omega)$ , and, by Theorem 2.8,  $W_0^{1,2}(\Omega) \hookrightarrow L^2(\Omega)$  is compact. The spectrum of a positive, selfadjoint compact operator is a subset  $\{\mu_1 > \mu_2 > \dots\} \cup \{0\}$  of  $\overline{\mathbb{R}}_+$  with only possible accumulation point zero. Apart from zero, all spectral values are eigenvalues of finite multiplicity.

The spectrum of  $-\Delta_D$  then consists of the values  $\mu_j^{-1}$ ,  $j = 1, 2, \dots$  and therefore has the stated properties. (Actually, we see just as above, that  $\lambda_j I - \Delta_D$  is not invertible if and only if it is not injective; so all spectral values are eigenvalues and thus coincide with the  $\mu_j^{-1}$ ).  $\square$

**2.15. Theorem.** *The Neumann Laplacian  $-\Delta_N$  is a positive selfadjoint operator on  $L^2(\Omega)$ . Its spectrum consists of a sequence  $0 = \lambda_1 < \lambda_2 < \dots \rightarrow \infty$  of eigenvalues of finite multiplicity. Note that  $-\Delta_N$  is not invertible; it has a one-dimensional kernel.*

*Proof.* Consider the scalar product  $q_{+1}(u, v) = \langle u, v \rangle + q_N(u, v)$  on  $W^{1,2} \times W^{1,2}$ , which is associated with the operator  $-\Delta_N + I$ . A similar, but simpler argument than that for  $-\Delta_D$  then shows that  $I - \Delta_N$  is invertible and selfadjoint. Its inverse is compact, since it maps into  $W^{1,2}(\Omega)$  which embeds compactly into  $L^2(\Omega)$ . Hence the spectrum of  $I - \Delta_N$  consists of eigenvalues of finite multiplicity; they tend to  $+\infty$ . In view of the fact that  $\langle (I - \Delta_N)u, u \rangle = q_{+1}(u, u) \geq \|u\|^2$ , the eigenvalues of  $I - \Delta_N$  must be  $\geq 1$ .

It is clear that  $q_N(c, c) = 0$  for constant functions  $c$ , so that 1 is an eigenvalue. In order to see that it is a simple eigenvalue note that  $q_{+1}(u, u) = \|u\|^2$  implies that  $q_N(u, u) = 0$ ; hence  $u$  is locally constant by version 2 of Poincaré's inequality, applied to any ball in  $\Omega$ , thus constant, since  $\Omega$  is connected. Subtraction of the identity operator then implies the assertion.  $\square$